



Foodbank Service

Trident Reach's foodbank helps vulnerable individuals and families in crisis through the provision of emergency food supplies whilst a longer-term solution is developed. The service we provide has an enormous impact on the customers who use the foodbank, offering the customer important breathing space at a time of great need.

Trident Reach felt that there was a need to set up a small foodbank resource for our customers who are experiencing real hardship. The Black Country Foodbank has joined in partnership with Trident Reach to be part of a project that makes a real difference to the lives of those in crisis and provide our charity with much needed supplies.



Aims of the Foodbank

- To provide three days worth of nutritionally balanced emergency food-aid for customers in crisis, identified and referred by front-line staff with referral letter.
- To provide up to a maximum of three food parcels in any six month period (exceptions can apply, referrals to be negotiated on an individual basis).
- To signpost customers to other agencies appropriate to their needs, such as: Citizens Advice Bureau, housing departments, adult and communities services, Age Concern, Sure Start, probation service and other relevant community projects.

Criteria for receiving a food parcel

To access the foodbank the customer will need a referral letter from their support worker on official company headed paper. We will only supply customers with a parcel if their support worker thinks it will help **whilst they're engaged with them**, and trying to solve the problems that have led to them needing help in the first place.

What's in a food parcel?

Each food parcel will contain a minimum of three days nutritionally balanced, non-perishable food. A typical food parcel should contain the following items:

Milk (UHT or powdered) | Tea/Coffee | Sugar (500g) | Fruit Juice (squash or carton)
Cereals (assorted) | Soup (tinned or packet) | Tomatoes (tinned) | Baked beans (tinned)
Spaghetti (tinned) | Rice/Pasta | Pasta Sauce | Curry Sauce | Instant Mash
Meat/Fish (tinned) | Vegetables (tinned) | Rice Pudding (tinned) | Fruit (tinned)
Tinned Sponge Pudding (tinned) | Jam/Marmalade | Biscuits & Snack Bars

How does a foodbank work?

Foodbanks rely entirely on donations of food from organisations such as schools, churches, businesses, and individuals, where every single item makes a difference. A simple can of food or packet of pasta will make a massive difference to someone in need.

Support your food bank

With a new foodbank opening every four days in the UK, foodbank's are the last line of support, helping to feed those who are hungry when there is nowhere else to turn to. Helping out will make a very real difference to many customers across our charity.

What sort of food can I donate?

If you would like to make a donation to our foodbank or involve your staff team please see the list of essentials within this document that we require at the foodbank. Mostly dried and tinned foods are best, the kind of items we all keep in our kitchen cupboards.



Our foodbank can usually adapt your food parcel to meet your dietary needs, for example, gluten free, halal or vegetarian. Please speak to us about any special dietary requirements you may have.

Disclaimer

All food items are quality checked before being given out. Once a food parcel has been given out, Trident Reach and its employees are not responsible on how the supplied food is stored or used.

For further information please contact **Marie Calder** on **0121 226 5800 (ext: 1420)**
or email via **mariec@tridentreach.org.uk**